

Parenting Resource Library Materials

Klickitat County Health Department

WASHINGTON STATE RESOURCES

Relatives as Parents Program: A Resource Pamphlet
Rethinking the Brain Brochure
Open the door-Family Violence Can Happen Brochure
Helping You Help Yourself and Your Family Brochure
Hey Mom's Flyer
Do You Have A Child? Poster
Mission Poster Grandfather/Child 11x14
Booster Rooster Growth Chart
Booster Rooster Bookmarks

Bright Futures Guidebook with CD ROM for Early Childhood Care & Education
(CD contains training material and printable handouts for providers and parents in English and Spanish.)

TALARIS INSTITUTE MATERIAL:

Parenting Counts 60-second Spots. DVD
Parenting Counts 60-second Spots. 1-hour Continuous Loop
"Getting School Ready" Video
Parenting Counts: 60-Second Spots DVD Spanish Version
Parenting Counts 60-Second Spots VHS Spanish Version
Parenting Tips Pamphlet: "Copycats"
Parenting Tips Pamphlet: "Talking to Baby"
Parenting Tips Pamphlet: "Mommy, Is This Okay?"
Parenting Tips Pamphlet: "It's a Stressful Life!"
Parenting Tips Pamphlets: "Testing 1,2,3"
Spanish Parenting Tips Pamphlet: "Getting In Tune With Baby"
Spanish Parenting Tips Pamphlet: "Copycats"
Spanish Parenting Tips Pamphlets: "Talking to Baby"
Spanish Parenting Tips Pamphlets: "Mommy, Is this Okay?"
Spanish Parenting Tips Pamphlet: "It's a Stressful Life!"
Spanish Parenting Tips Pamphlet: "Testing 1, 2, 3"
Parenting Tips Pamphlets: "Here Comes Tantrums"
Parenting Tips Cards with Adhesive Strip
"What Am I Feeling?" Pamphlet
Research Spotlights: Complete Packet of Each Version

Multicultural Youth Leadership – SOAR 3 week Curriculum for ages 14-18
Active Parenting Today Curriculum with leader and parent guides
Girl's Circle "Being a Girl" Curriculum
Girl's Circle facilitator curriculum
Prudential's Positive Parenting: 12-week curriculum with leader's book and parent workbooks, English & Spanish

AARP Grandparent Information Center: THE GIC VOICE- Quarterly Newsletter for grandparents raising children.
Available in English and Spanish.

UNIVERSITY OF WISCONSIN EXTENSION SERVICE

Through the Eyes of a Child: Grandparents Raising Grandchildren (black & white) newsletter style series.

Preparing to Parent

Living With Your Teenager: The Changing Parent-Child Relationship

Living With Your Teenager: Understanding Emotional Changes

Living With Your Teenager: Understanding Physical Changes

Whose Kids? Our Kids!

Family Keys: Self-Care Resources for Children and Their Families newsletter style series

El Primer Año del Bebé (Parenting the First Year)

El Segundo y Tercer Año del Niño (Parenting the Second and Third Years)

Parenting the First Year

Parenting the Second and Third Years

ADDITIONAL RESOURCES AT KLINKITAT COUNTY HEALTH DEPARTMENT

"Healthy Beginnings" by CHEF, with two possible facilitators.

"The Happiest Baby on the Block",

"The Happiest Toddler on the Block",

"Have a Plan: Positive Prevention Strategies for Parents"

"I Am Your Child - Discipline: Teaching Limits with Love."

National Institutes of Health "Adventures in Parenting"

These books offer 62 pages of information for parent of kids 0-14.

They could be used solo or as part of a parent discussion group.

"Make Parenting a Pleasure" curriculum and parent information; staff facilitators.

"Strengthening Families" 10-14, curriculum and staff facilitators.

Other Resources

"*Parents as Teachers*" curriculum and certified staff available through ESD 112. Contact Debbie Ham.

Ten video curriculum "*Parenting With Dignity*" Drew Bledsoe Foundation, includes a Facilitator's Guide.

Located at Programs For Peaceful Living, Goldendale.

Love & Logic curriculum, available at DSHS/Health Department.

Parenting Wisely Teenagers, available at DSHS office in Goldendale and WorkSource in White Salmon.

Parenting Wisely Video Trial Version/Divorce

Parenting Wisely Trial Version CD-ROM/ Foster Children

Parenting Wisely Teen Group Curriculum Instructor's Guide (3.5 Floppy disk)

Video Collection

Parenting for Today: Who's in Charge? (This is for parents of teenagers.)

I Am Your Child/Quality Child Care

I Am Your Child/Your Healthy Baby

Effective Use of Time Out

Step Parenting

Books

Fatherhood by Bill Cosby

Training the Dragon in Your Child

Cherishing Our Daughters

Teen Moms: The Pain And The Promise

Beyond Sibling Rivalry

Saving your Teenagers From the Dragons of Life

There's Gotta be a Better Way-Discipline that Works

Sensitive Parenting

The Confident Child

Parents as Mentors

When Parents Love Too Much