

Parent Consortium Information List September 2007



If you have information to add please submit to
Cara Larson at 695-1325 ext. 4221 or caral@chs-wa.org

Family Forum-

A Discussion of Family Resources in Clark County. Dinner and a meeting open to adult members of all families and those who support families. The purpose is to discuss current family resources that are available throughout Clark County, and to identify additional supports that would be useful. Wednesday, September 19th, 6-8 PM, Clark County Center for Community Health, 1601 E. Fourth Plain Blvd., Conference room C210. RSVP by calling Pat Roe, CCRSN Family Support Specialist, 397-2130, ext. 7874. This event is being hosted by the Clark County Regional Support Network (CCRSN) and sponsored by Statewide Action for Family Empowerment in Washington State (SAFE WA). There is no child care available at the meeting site, however, SAFE WA will pay for mileage reimbursement and provide a child care stipend at \$15 per child for family members who need this assistance in order to attend. Please contact Pat Roe at 397-2130, ext. 7874, for more information.

Parent Education Classes and Workshops:

Children's Home Society of Washington

****NEW**** Bilingual, bicultural **Play and Learn** group designed for Russian speaking families. Program provides activities and fun for families with children birth - 5 years. Families are invited to participate for fun, support and education centered on young children and their families. Facilitated by Russian and English speaking staff. Every Wednesday from 10 AM-Noon, Burton Elementary School Library, 14015 NE 28th Street. For more information contact Anna at 695-1325 ext. 4324.

-Positive Parenting: A 6-week class designed for parents who want to improve their parent-child communication, explore positive discipline strategies, reduce the stress of parenting and learn skills to support the healthy development of their children. Ideal class for parents who have been referred, recommended or court mandated to complete a certified parenting class. \$80 registration fee. 2 Fall Classes coming up:

-Wednesdays, September 5th-October 10th, 6-8 PM, Legacy Salmon Creek Hospital, 2211 NE 139th Street, 3rd Floor, Conference Room A.

-Wednesdays, October 17th-November 21st, 6-8 PM, Legacy Salmon Creek Hospital, 2211 NE 139th Street, 3rd Floor, Conference Room A.

To pre-register contact Cara at 695-1325 ext. 4221.

-Coffee with Margaret

"Sometimes Talking Helps Reduce Stress" Rough week with the kids? Frustrated? Do you have a special concern about your child? If this sounds like you, please drop in to visit with a parent educator and have a little coffee. Wednesdays, 10-11 AM, Vancouver Family Resource Center, 309 W 12th Street. For more information call Margaret at 695-1325 ext. 4233

-Families Creating Change: A class specifically designed for families with open cases with the Division of Children and Family Services-Child Protective Services. Wednesdays, 12:30-3 PM, Children's Home Society of Washington, 309 W 12th Street. Class is ongoing; participants earn a certificate after 12 weeks of participation. Class topics include Positive Discipline, Stress Management, Communication, Child Development and much more. Participants must have an open CPS case to attend. To register contact your social worker or Bernie Gerhardt at 993-7869.

-Parents as Teachers: Home visiting program for families with children age birth-3 years. Program offers personal visits from parent educators, parent group meetings, screenings to assess your child's overall development, health, hearing and vision and resource networks to link your family to other community services. For more information call 695-1325.

Clark County Public Health-Make Parenting a Pleasure

Make Parenting a Pleasure: Focusing on parenting children birth to age 8. 12 weekly sessions. Topics include positive parenting, stress relief strategies, communication skills and child developmental stages. For more information call 397-8255.

-Vancouver class starting Wednesdays, October 3rd -December 19th from 12-3PM in the WIC Classroom, Room #305 at the Community Health Building, 1601 E Fourth Plain Blvd, Third Floor. Register by calling 397-8255.

-Battle Ground Class starting Tuesdays, October 2nd -December 18th from 5-8 PM, North County Resource Center, 701 E Main Street, Battle Ground, Register by calling 397-8255.

Community Solutions

-Growing Up Again, 8-week class. This course is designed for people who are interested in looking at how they were parented as children and the impact that has on how they now parent their own children. The course offers parents a chance to improve their parenting abilities. By examining the stages children go through as they mature, parents are better equipped to deal with the unique challenges each stage presents. Parents learn how to help develop healthy self-esteem by providing children

with a critical balance of structure and nurture. For more information on upcoming classes call Joan Veach at Community Solutions, 360-546-5104 and leave a message.

-Motherhood Program is designed to prepare pregnant women for motherhood. Each session addresses issues faced by today's mom and includes guest speakers, practical resources, educational material and peer mentoring. For more information contact Joan Veach at 546-5104.

Stepcoupling Workshops

Attend an upcoming Stepcoupling workshop and learn how to thrive in your stepfamily. For more information check out www.stepcoupling.com or call (503) 227-4166.

Innovative Services NW

-Nurturing Parenting for Families in Substance Abuse Treatment and Recovery is a parent education class specifically focused around the issues that parents and families encounter when there is substance abuse in a family. The class is 11 sessions long and covers issues such as child guidance, the recovery process and its effect on families, child development and how recovery leads to renewed development in the parent. New classes begin every six weeks. For more information or to register, please contact Dena Lynch at 823-5161.

-Children in the Middle: Keeping Children out of Parental Conflict is a skills-based program that helps children and parents deal with the reactions to divorce. The program addresses such topics as conflict resolution, problem solving, and stress management. The program allows an opportunity for parents to enhance their understanding of themselves and their children. \$25 Fee. Series meets for 2 weeks and a certificate of completion is awarded at the end of the course and the curriculum is endorsed by the National Council of Juvenile and Family Court Judges. New series offered on the first and second Wednesdays of each month from 6:30-8 PM. Free childcare will be provided. For more information or to register contact Dena Lynch at 823-5161.

Volunteer Lawyers Program

Parenting Through Divorce and Separation. A 2.5 hour workshop for parents who are experiencing divorce or separation. Workshop is offered once per month and a certificate of participation is awarded. \$25 fee.

For more information or to register call 823-0423

Evergreen Community Education

Pre-registration required. Call Evergreen Community Education at 360-604-4082 for further information or to register.

-Love and Logic

Love and Logic is an approach to parenting children of all ages. Participants in this class will learn the specific "how to's" of successful parenting--not just theoretical concepts. Parents will be able to come back to class each week and discuss their successes and failures. Thursdays, September 27-November 1, 6:30-8:30 PM, Shahala Middle School, Media Center Cost: \$35

-Parenting With a Purpose

Designed to empower all adults that work with children in a family or professional setting. Participants will be required to engage in activities that build communication, respectful boundaries, multiple intelligence theory, and safe Internet and computer use with children. Stars credit available. Thursdays, October 4-25, 6:30-8:30 PM, Image Elementary, Media Center Cost: \$65

-Skills For Life!

Enjoy this seven week class, learning how to apply the seven natural laws that govern human development as well as being guided through healing meditations, self care energy realignment, coping, skills and other alternative healing techniques. Presented with a little love, a lot of laughter and positive eye openers to negative patterns. Are you ready to move to the next level? Come and find your peace of mind. Pay instructor \$12 at class for workbook. Wear comfortable clothing and bring a water bottle. Tuesdays, September 18-October 30, 7-8:30 PM, Wy'east Middle School, Room 352 Cost: \$40

-Conflict Management

Ages 16-adult. Successful conflict resolution is the means to positive relationships on both a personal and global scale. Learn to apply conflict resolution techniques to maintain healthy relationships. Learn the six different ways to resolve conflicts and the stumbling blocks to successful conflict resolution. Thursdays, September 13 - October 18, 7-8:30 PM, Cascade Middle School, Room 132. Cost: \$30

ESD 112

Through the Parents as Teachers Program, parents with children under the age of five are eligible for individual parenting support in the form of home visits. A knowledgeable parent educator meets with the family once or twice a month depending on the need. The educator brings out activities to do with the parent and child as a way of encouraging and promoting attachment and parent involvement. High needs families may be eligible for on-going services while other families may benefit from short-term consultative home visits designed to address a specific issue. If you have questions or would like more information, please call the Parents as Teachers Program at 750-7500.

TALKING HEART to HEART

Heart2Heart is a fun, interactive way for parents and their 9-11 year-old daughters to improve their communication and closeness, learn healthy ways of dealing with pressures, and talk about puberty and other issues in an open, mutually respectful way. \$75 Fee, YWCA of Clark County, 3609 Main Street. For more information on upcoming classes contact Victoria Clevenger at 360 906-9117.

SW Washington Medical Center

All classes are also listed on our website (<http://www.swmedicalcenter.com/body.cfm?id=8>)

-Free Immunizations for Children @ the Free Clinic of Southwest Washington. July 18, Aug 1st and 15th Bring your immunization records and an interpreter, if needed, 5:30-7:30 PM. Call 313-1390.

-BodyWorks is a 10-session health education program from the U.S. Department of Health and Human Services' Office on Women's Health. It provides parents and caregivers of young adolescent girls with tools and information to help improve family eating and activity habits. 2 Free Classes, Tuesdays September 25 - November 27, 2007 or Thursdays, September 27-December 6, (No class Nov. 22), 6-7:30 pm (First session 6-8PM) Jim Parsley Center, 2901 Falk Rd, Vancouver WA. Pre-register by calling 313-1060 before September 10. (Space is limited.) Confirmed participants will receive a confirmation letter 1 week prior to the classes.

-New Mom Tea and Social Hour: Healthy Choices for a New Mom. Southwest Health Education Center, 92nd and Mill Plain Blvd. Program is free. For more information or to register call 800-821-2345

-September 24, 10 AM, What Will Yoga Do for Me? Learn the timeless benefits of yoga including relaxation, flexibility and strength.

-October 29, 10 ARE, Connecting With My Child. Find out how to build a healthy bond and necessary attachments for your child's optimal growth and development.

-FREE Car Seat Class and Clinic: 3rd Saturday of each month! Class is at 9 AM, Healthy Education Center, 92nd Avenue and Mill Plain Blvd. Clinic from 10AM-1 PM at the SWMC Parking Garage. Bring your car seat to be inspected by nationally-certified technicians; they'll inspect it for correct size and model, recalls, and proper installation. For questions call 696-8585.

Skamania Klickitat Community Network

Here is the new toll free number people can call to learn about parenting support (classes, workshops, support groups, other activities) in Skamania and Klickitat County. Call toll free to 1-866-631-1997 to learn about offerings.

<http://community.gorge.net/skcnparentsupport/>

Support Groups:

Children's Home Society of Washington:

-**Vancouver Parent Trust Support Group:** Focused on parenting children 0-18 years. Drop-in, no registration required. Free children's program available for children ages 0-12 of parents participating in group. No registration required for children's program. Thursdays, 6:45-8:15 PM, St Paul Lutheran Church located on the corner of W 14th and Franklin, downtown Vancouver. Group meets in daycare upstairs. For more information call Cara at 695-1325 ext. 4221. Certificates awarded for 12 weeks participation.

-**Parents Again: A support group for relatives raising relatives.** (Grandparents Raising Grandchildren) For more information contact: Vi Hansel at 695-1325 ext. 4230.

Regular monthly coffee and conversation groups. Eric Rowe with Parents are Vital in Education will be presenting on Friday, September 7th, 12-1:30 PM at the Human Services Council, 201 NE 73rd Street and Tuesday, September 11th, 6-7:30 PM at Jim Parsley Community Center, corner Plomondon & Caples and adjoining Bagley Park playground. Children 7 and older can swim at JPCC (\$2.75).

-Teen Girls Sexual Abuse Support Group

Drop-in support group for girls ages 13-18 years that are recovering from sexual abuse.

-Vancouver group meets on Mondays, 4-5:30 PM, YWCA, 3609 Main Street. Group is free and no registration is required. For more information contact Tricia at 695-1325.

-Battle Ground group is starting soon. For more information contact Pam at 695-1325.

-Boys and Girls Sex Abuse Therapy Groups

Free groups for boys and girls ages 6-12 years who are recovering from sexual abuse. New groups start quarterly. For more information or to register contact Cher at 695-1325.

-Triple Point Support Group

A support group for Lesbian, Gay, Bi, Trans and Questioning youth ages 13-21. Like-minded youth, coming together to talk about today's issues, tomorrow's solutions and a future without limitations. Tuesdays, 6-8 PM, Youth House Basement, W 12th and Columbia downtown Vancouver. Group is free. For more information drop-in on Tuesday nights or call 695-1325.

Families Anonymous

A group for parents and caregivers who have kids who are using drugs and/or alcohol. Group meets each Thursday from 7-9 PM at the Orchards United Methodist Church, 11000 NE Fourth Plain (Near Gher Rd) in the basement.

Spanish Speaking Mom's Support Group

A support group for Spanish speaking mothers. Group is focused on education, information and referral, domestic violence issues, legal issues and much more. FREE childcare is available. Thursdays, Noon-2 PM, YWCA, 3609 Main Street in Vancouver. For more information contact Saron Nehf at 906-9148.

PARC/Post-Adoption Resource Center Support Group

Support group for all parents of adopted, guardianship or relative children placed through the state, international agencies or privately. Group meets on the first Thursday of each month. Upcoming activities:

-September 6, 6:30-8:30 PM, conference room at the Children's Center, 415 W 11th Street, Vancouver. Debbie Dunham of Northwest Adoptive Families Association, Inc. (NAFA) will speak on local adoption services.

-October 4, 6:30-8:30 PM, conference room at the Children's Center, 415 W 11th Street, Vancouver. Doris Dodson, Licensed Clinical Social Worker and adoptive parent will speak on attachment in adoption.

Contact information: Barbara Fullman, Coordinator of the PARC can be reached by email at barbaraf@thechildrenscenter.org. Or leave a message at the Children's Center at 360-699-2244 and she will return your call.

Mothers Share

A support group for new moms and their babies 0-6 months.

Mondays, 10-11:30 AM. SW WA Medical Center-Family Birth Center conference room. For more information call 514-BABY.

M.O.M.S

A support group for mother's of young children. Group meets each Wednesday from 9:30-11:30 AM, New Heights Church, 7913 NE 58th Avenue, Vancouver. On-site child care is provided and a small donation is requested for childcare. (\$2 per child with \$4 max per family) For more information contact Marilyn Roseburrough 993-5437 and Jennifer Simmons 882-8062.

MOMS Club of Vancouver

Weekly support groups for stay at home moms of children birth-preschool age. 4 Chapters in Clark County. \$24 annual fee that includes monthly newsletter. General information available at www.momsclub.org

Parent-Child Activities and Storytime Opportunities:

-Children's Home Society of Washington Play and Learn

Play and Learn groups provide activities and fun for families with children birth - 5 years. Families are invited to participate for fun, support and education centered on young children and their families. Weekly groups consist of 3 components: Part one-hands on activities to promote literacy in everyday life. Part two-"Let's Play" segment to promote healthy development, Part three-Early Learning Corner resources and computer time.

Please join us for all or part of the time with your child(ren) 5 years and younger.

-Washougal Family Resource Center every Tuesday from 9-12, for more information call 835-7802.

-Burton Elementary School Library, bilingual, bicultural Play and Learn group designed for Russian speaking families. Facilitated by Russian and English speaking staff.

Wednesdays from 10-12. For more information contact Anna at 695-1325 ext. 4324.

-Rise and Stars Community Center every Thursday from 9-12. (After August 9th there will be a group break. Group resumes on September 13th.) For more information call 695-1325.

Clark College

Parent/Toddler Classes:

· Toddlers ages 12-33 months attend classes one morning per week from 9:30-11:30 with their parents/caregivers.

· Learning environments, both outdoors in indoors, are thoughtfully designed to promote fun, growth and development, interaction and creativity for children.

· Each interactive class includes a supportive discussion time for families with a family life instructor on topics such as child growth and development, guidance techniques, toilet learning, nutrition and sibling relationships. Tuesdays 9:30-11:30 AM

Parent Participation Preschool Classes:

· Preschool classes are offered three times per week for children from 33 months to five years old.

· Parents participate both in the classroom and in discussions facilitated by experienced family life instructors on topics related to guidance, school readiness, effective parenting strategies and community building.

- Environments are designed to facilitate inquiry, creativity and school readiness.
- The preschool is a community where teachers and families contribute their individual gifts and time to create the best place for children to live and learn. Monday, Wednesday and Friday 9-12 PM

To register or for more information: Call (360) 992-2179 or email mmallory@clark.edu

Fort Vancouver Regional Library District

Storytimes and Kids Programs offered free at all library locations. Locate a storytime close to you by visiting <http://www.fvrl.org/events/kids.cfm>

ESD 112 and the Fort Vancouver Regional Library District

Read and Play family story times for children ages birth to five and their parents/caregivers. Group activities include a 20-30 minute librarian-led story time followed by free play/activity. The last $\frac{1}{2}$ hour includes a Parents as Teachers led discussion. These free groups are offered on an on-going basis. There is no pre-registration required for these groups which are a great way to meet other families and familiarize children with the idea of coming to school. Fall Schedule:

September/ October:

Fruit Valley - every Friday (beginning 9/7) from 10-11:30. No Read and Play on October 26th

Hazel Dell - every Wednesday (beginning 9/5) from 10-11:30

Yacolt - every Wednesday beginning (9/5) from 9:30-11:00

Image - every Tuesday (beginning 9/11) from 10-11:30

Silver Star - every Thursday (beginning 9/6) from 10-11:30

Contact Info:

Fruit Valley Elementary, 3410 Fruit Valley Rd. Deanna Doerk at 750-7500 x155

Yacolt Primary, 406 W. Yacolt Rd. Deanna Doerk at 750-7500 x155.

Hazel Dell, 511 NE Anderson Rd. Contact Corina McEntire at 750-7500 X398

Image Elementary School, 4400 NE 122nd Ave. Contact Jackie Brock 750-7500 X370

Silver Star Elementary, 10500 NE 86th St. Contact Jackie Brock 750-7500 X370

Play Groups:

-Children's Home Society of Washington: Play and Learn

Play and Learn groups provide activities and fun for families with children birth - 5 years. Families are invited to participate for fun, support and education centered on young children and their families. Weekly groups consist of 3 components: Part one- hands on activities to promote literacy in everyday life. Part two-"Let's Play" segment

to promote healthy development, Part three-Early Learning Corner resources and computer time.

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-Burton Elementary School Library, bilingual, bicultural Play and Learn group designed for Russian speaking families. Wednesdays from 10-12. For more information contact Anna at 695-1325 ext. 4324.

-Rise and Stars Community Center every Thursday from 9-12.

For more information call 695-1325.

Evergreen Community Education

Pre-registration required. Call Evergreen Community Education at 360-604-4082 for further information or to register.

Let's Play the Sensorial Way! Ages 2-4. Children and parents play sensorial enhancing games together in a fun and relaxed atmosphere. Learn new games and art activities. Parents will learn how to build their own sense enhancing toys. Tuesdays, October 2-23, 2-2:45 PM, Evergreen School District, Adm. Svc. Ctr., Tan Complex, Columbia River Room Cost: \$25

Camas Washougal Indoor Play Park (CWIPP) is a Parent/Guardian Cooperative which provides a low cost indoor playground for children infant to five years of age. The semesters for the 2006 - 2007 year run from Sept through Jan and Feb through June. Each semester costs \$60, or \$100 for the full year. These flat rates cover all members of your immediate family. CWIPP welcomes families to visit Play Park two times at no cost to ensure this cooperative indoor play park will be enjoyed by each family prior to joining. Monday, Tuesday and Thursday, 10AM-2PM. Located at Harvest Community Church - 2436 NW Astor St, Camas, WA (near Dorothy Fox Elementary on Prune Hill) For more information, contact Brenda Becerra (360) 834-3725 or Rochelle Gittings (360) 833-8224. www.cwindoorplaypark.org

Noah's Ark Play Park for parents and children birth to age 4.

First Presbyterian Church, 4300 Main Street. New sessions start each quarter and fees are prorated. For more information call Michelle Steele at 694-3363 ext. 111

Battle Ground Indoor Play Park (BGIPP)

We are a non-profit, parent-run co-op. BGIPP was created to meet the play and socialization needs of families with children under kindergarten age. We have lots of toys appropriate for infants as well as play equipment and plenty of space for active toddlers and preschoolers. We are open Monday and Wednesday from 10:00 am to

Noon. Fall Session: September - January. Spring Session: February - June. In addition to the great indoor park, we offer field trips, craft days, Parent's nights out, activity/game days, musical days and Library days. Want more information? Call Karla at 687-7767. Want to check us out? Your first visit is free! Come by and see us. We are located in the gym at Bethel Lutheran Church (no affiliation) at 12919 NE 159th Street, Brush Prairie, WA.

Youth Programs

Evergreen Community Education

Pre-registration required. Call Evergreen Community Education at 360-604-4082 for further information or to register.

-Make It Your Best Year Ever!

Ages 11-adult. Motivating students to take charge of their own success. Designed for students in grades 6-12 and their parents, this fast-paced, practical seminar will teach you to figure out how to succeed in/with almost any classroom, subject or teacher! Best-selling author, Cynthia Ulrich Tobias, will help students discover their learning style strengths and challenge them to develop their own study plan for success. This is one time when they will really enjoy! Thursday, September 20, 6:30-8:30 PM, Evergreen School District, Admin. Svc. Ctr. Tan Complex, Clark Room, Cost: \$59

Vancouver Parks and Recreation Teen Services offer recreational activities using developmental assets. When your children are not in school there are positive, supervised, drug-alcohol-tobacco free opportunities available. FREE! For more information check out www.vanclarkparks-rec.org or call Arlisa Hinton at 487-7086 for detailed information.

Support Services for Families Living with Disabilities

Vancouver-Clark Parks and Recreation

invites people of all ages with disabilities to fully participate in any programs that are offered. Inclusion services provide opportunities for people with and without disabilities to recreate together. They have freedom to focus on needs, interests, and abilities instead of disabilities. There is extra staff support (at no charge) to include people with disabilities in community recreation. If interested, please call Teresa Williamson at 360-619-1291. For information on our classes see our website at www.vanclarkparks-rec.org or pick up a current catalog at any one of our facilities.

ARC of Clark County: Parent to Parent

a program offered to families who have a family member with a developmental disability. Services offered

- * Emotional Support for parents.
- * Information and referrals to community resources.
- * Bi monthly Newsletter.
- * Trained Helping Parents whose parenting experiences match yours as closely as possible.
- * Social and recreational events (Halloween Party, Holiday Party, summer BBQ)
- * Current information on disabilities, medical conditions and community resources.
- * Training for parents who would like to become Volunteer Helping Parents.

For more information call Tammy Bedlion, Parent to Parent Coordinator 759-4917 Ext. 104.

-ARC Family Coffee Social

Families are encouraged to meet for coffee and conversation at the ARC Family Center the second Thursday of the month, 9:30-11:30 AM, 6511 E 18 Street, Building A, Vancouver.

Evergreen Community Education

Pre-registration required. Call Evergreen Community Education at 360-604-4082 for further information or to register.

Friday Night Fun! For youth ages 13-21 years with any variety of special needs. Create community inclusion through social and culturally diverse events. We will strive to create an environment that is safe and non-restrictive meeting the needs of a diverse population. Create fun games, activities and stations that offer the chance to explore and expand each youth's knowledge base. Fridays, September 21 - December 21 (no class 9/28, 10/12, 10/26, 11/9, 11/23, 12/14) 6-9 PM, Cascade Middle School, Commons. Cost: \$75

Family Educator Partnership Project: ESD 112

The Family Educator Partnership is a statewide project that encourages families, educators, and community agencies to work together in supporting children and youth who need special education services. For more information contact Jo Ann Richardson at mjkjmk@comcast.net

Clark County Parent Coalition

The Parent Coalition provides people with disabilities and their families with an array of services that link families with their natural support system, help families to

better understand and access the system, respond to crisis, involve families in decision making at both state and local levels, provide information and networking opportunities, form a power base to advocate for the needs of people with disabilities in our community and state, and help new parent groups get established. For more information call Darla at 823-5163.

P.A.V.E. of Clark County

Parents are Vital in Education is a parent-based support group for families and individuals living with disabilities. Meetings held on the last Wednesday of each month, 6:30 - 8 PM at City University on East Mill Plain, Vancouver. For more information please contact Anita Hawks at livingwithautism@aol.com or 360 281-9135.

2 Day Training for parents and caregivers of children in special education.

-SPECIAL EDUCATION LAW will cover aspects of the laws pertaining to IEPs/504 plans, discipline and evaluations. A materials fee of \$15 per family applies to this class only. Saturday, September 28, 9AM-3:30 PM, ARC Family Center/P.R.I.D.E. for Kids, 6511 East 18th Street, Building A.

-ADVOCACY/VOLUNTEER TRAINING will cover how to be a powerful advocate for your child and/or how to be an advocate for others in the community. Saturday, September 29, 9AM-3:30 PM, ARC Family Center/P.R.I.D.E. for Kids, 6511 East 18th Street, Building A.

To register for these classes, please contact Anita Hawks, local chapter leader, at either 281-9135 or PAVEClarkCounty@aol.com

Attention Deficit Disorder Resources

-Schedule of upcoming free teleclasses (the first one features Chris Dendy talking about school issues on Sept 5 at 5 pm PDT) on topics of interest to adults with ADD and their partners, and of interest to parents of children with ADHD

http://www.addresources.org/adhd_teleclasses.php

-Plan to attend the 5th annual ADHD conference on Saturday, October 13th. This conference features nationally known ADHD authority Thomas Brown, Ph.D. Learn more and register at http://www.addresources.org/conference_fall_2007.php Help us publicize this conference by printing out the conference poster and putting it up in a public location or in your office--especially if you are a therapist or physician.

http://www.addresources.org/images/conference_fall_2007.pdf

Transitions

Transitions assists IEP and Section 504 students and their families in dealing with educational establishments. Individualized strategies are formulated and wraparound

teams built. Work with an experienced and knowledgeable parent to create individual strategies that identify strengths and set students up for success. Program assists with meeting preparations, facilitation and documentation. Pam Nett accompanies students and their families to school meetings to ensure student's voices are heard. She enables productive discussions leading to creative solutions to individual needs and successes. Let's explore thinking outside the box and bring your IEP/Section 504 Team with us - there's more room out here! Transitions by Pam Nett, 360-910-3247, www.transitionsbypam.net, Email: askpam@transitionsbypam.net

Families Living with Autism Support Group

Meetings are held on the first Thursday of the month from 6:30-8 PM, Early Childhood Center, 14405 NE 28th Street, Vancouver. This group discusses a variety of topics particular to autism in its many forms affecting children between the ages of 0-9 years old. For more information please contact Kim Gallow at 260-5568 or email davekim@teleport.com

United Cerebral Palsy of Oregon and SW Washington

Gimme a Break Support Group for anyone parenting a child with a disability. The 2nd Thursday of the month from 6:30 to 8 PM at 7830 SE Foster Rd. Onsite childcare available. Please RSVP for childcare (503) 777-4166 ext. 235

Employment Support Services

Goodwill Job Connection

360-695-1923

6425 NE Fourth Plain Blvd.

Vancouver, WA 98661

Are you or someone you know looking for a job? Our Job Connection program provides a no-fee (free) job search and referral program designed to assist you in locating employment within 30 days. We also have a free resource room should you desire resume and interviewing assistance. For additional information, please call (toll free): 1-877-676-5872 or 360-695-1923.

Worksource Town Plaza

Classes are open to anyone who would like to attend. These classes are designed to prepare and help participants find employment. Class topics include *Getting the job you want and liking the job you get*, *Interviewing Techniques*, *Effective Job Search* and much more. For more information please contact your Worksource Town Plaza at: (360) 735-5010

Encore Employment Services

Innovative Services NW, has provided community-based supported employment to individuals with disabilities and other barriers to work since 1978. Participants work with Job Developers to explore the world of work, tour job sites, and sample jobs of interest and conduct a job search. Job seeking and interviewing skills are taught and resume/portfolio assistance is given. Job Coaches assist in on-the-job training and job supports once positions are located. Through careful and customized job matching, and diligent job supports, our participants enjoy a high job retention rate: over half of our employed participants have been on the job for over 5 years and counting. For more information contact Carl Cecka at 823-4203 or email ccecka@innovativeservicesnw.org

Clearview Employment Services:

Supported Employment Program provides eligible individuals with support and help to discover their interests, transferable skills, and conditions for employment. To qualify for Clearview Supported Employment Services a person must be: Homeless, a displaced worker or personally receiving services from Columbia River Mental Health. We facilitate a match between an employer and employee. We believe there is a "niche" out there for everyone. We also believe in support for individuals once they have found a job through job coaching and job retention. We hold an orientation every Wednesday at 1:00 at our parent organization Columbia River Mental Health Services, 6926 E Fourth Plain Blvd. Please feel free to call 737-2801 to find out if you are eligible for services.

Community Justice Center Employment Program:

9105-B NE Hwy 99, Vancouver. The CJC Employment Program links ex-offenders to employment opportunities and community resources. Our program is a partnership between WA State Employment Security/Offender Employment Services, WA State Department of Corrections, and Clark County Corrections. You do NOT need to be on supervision with these agencies to use our services. Our goal is to help anyone whose conviction history has been a barrier to accessing meaningful employment. Please contact Beth Sharpe at (360) 571-4358 or Dave Richardson at (360) 571-4382 for more information

Clark College

The Employment Services Center, a Worksource Affiliate site, is located in Gaiser Hall (East Wing, upstairs above the bookstore) in the Workforce Development Center, room 204.

8:00 a.m. - 5:00 p.m. Monday-Thursday

8:00 a.m. - 4:30 p.m. Friday

Clark College employment services to Students and the General Public are:

- On-line Job Referral Service: eRecruiting
- Local and Statewide Job listings for full and part-time jobs
- Internship Information/Cooperative Education Work Experience Information
- Temporary and Seasonal Jobs
- On-Campus Interviews with Local Companies
- Computer Use for Resume Writing, Cover Letters and Internet access for Job Search
- Job Coaching and Job Development
- Assistance in Uploading Resumes onto Internet
- Hand-outs to help with Interviewing and Resume Writing
- Occupational and Labor Market Information
- Counselors and Staff to Provide Assistance with Job Search Efforts
- Free Telephone usage for Job Search

Cowlitz Indian Tribe Vocational Rehabilitation Program

Program serves Native Americans/Alaskan Natives living in Clark, Skamania, Lewis, Pacific and Cowlitz Counties who have a disability and need help finding employment. The program is able to assist clients with any barrier to employment. This can include mental health, physical, chemical dependency, sexual assault and health education. Counselor provide individual counseling, job referrals, assessments, on the job training, job development, education prep including G.E.D. and tuition, books, supplies, assistive devices and assistive technology. We are also able to help pay for tools, clothes, glasses, transportation, housing, child care and other barriers to employment. Contact Karyn Carterby-Keys at (360) 575-3319

List is compiled monthly as a service of Children's Home Society of Washington. If you would like to be added to the distribution list or if you have information to add please email Cara Larson at caral@chs-wa.org or call 695-1325 ext. 4221.